

Shared Services Center COVID-19 Response Plan: Agency Update

December 10, 2020

On Wednesday afternoon (12/2/20), the CDC announced two acceptable alternatives to the 14-day quarantine period that occurs when someone has been exposed to a confirmed positive case.

- 1. Quarantine can end after 10 days if no symptoms have been reported, but mask use and symptom monitoring <u>must</u> continue through day 14, or
- 2. Quarantine can end after day 7 if the individual has a negative test result. The test can be collected no earlier than 48 hours before the end of day 7. In other words, someone can return on day 8 if they were tested on day 6 at the earliest. Again, a mask and symptom monitoring <u>must</u> continue through day 14.

Remember – While a quarantine starts when a person has close contact with a positive case, the 7 or 10 day period <u>does not</u> start until the person is no longer in contact with the positive case. For example...I care for a positive family member for 10 days while they are sick. Once they are cleared my 7 or 10 days start. If I cannot isolate from that family member I could be out of work for <u>at least</u> 17, if not 20 or more days.